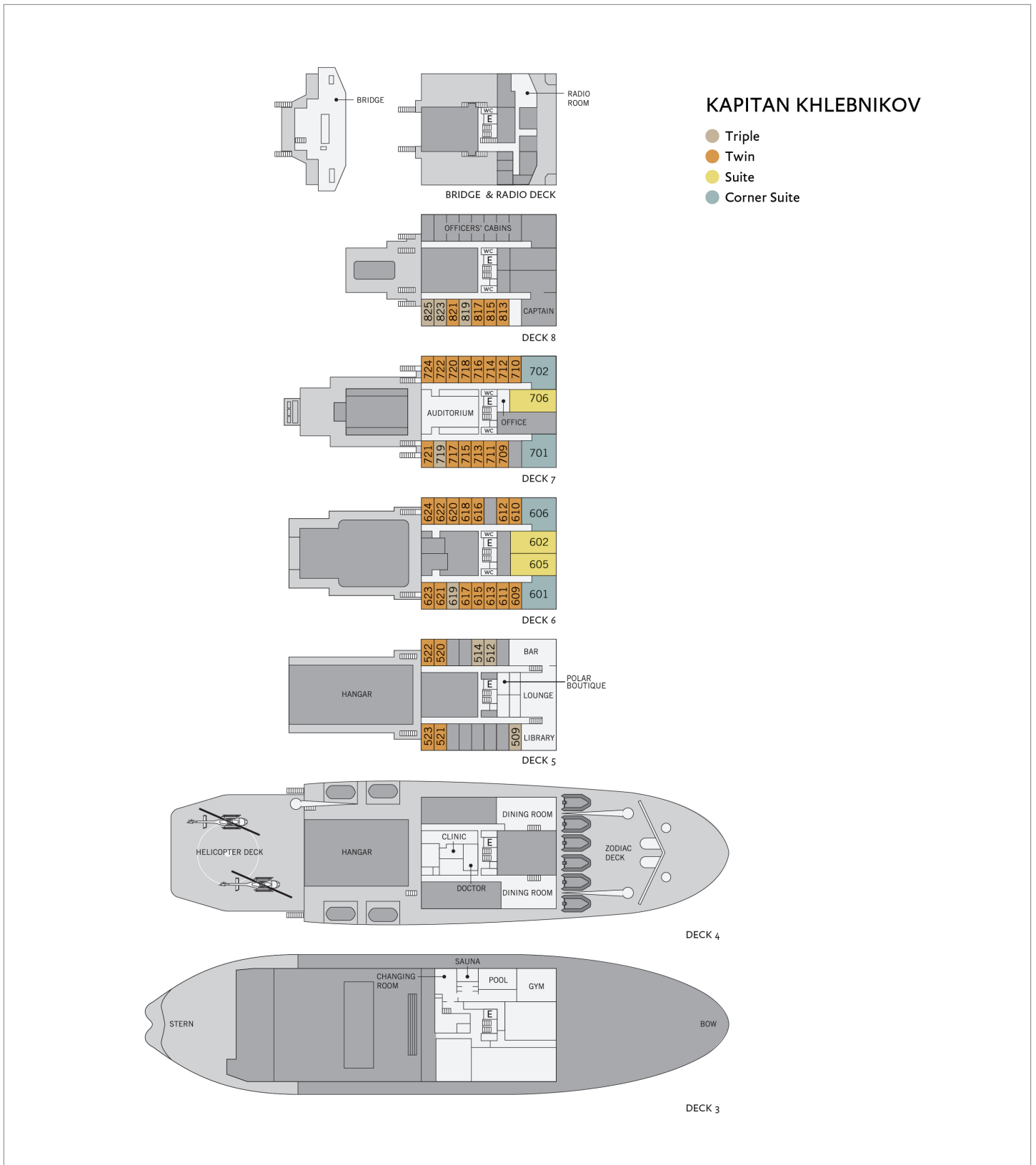


Kapitan Khlebnikov

 Quark
Expeditions®
The Leader in Polar Adventures



Kapitan Khlebnikov



Welcome Aboard!

The *Kapitan Khlebnikov* will be your home away from home during your expedition. This booklet will help you get acquainted with your new home. Give it a read as it does include important information about the facilities available to you and the procedures everyone adheres to while at sea.

The passionate Expedition Team and crew aboard this ship can't wait to show you around and take you to places most people only dream about. Every day presents a new adventure. Polar travel is unlike any other type of travel, so please take a moment to get to know your ship.

Below you'll find some information about your expedition vessel.

ABOUT THE KAPITAN KHLBNIKOV

The *Kapitan Khlebnikov* was constructed in 1981 by the Wärtsilä Company, Finland, the world's leading builder of icebreakers. Not simply an ice-reinforced ship, the *Khlebnikov* is a powerful working icebreaker designed for the challenging conditions of frozen polar seas. The *Khlebnikov* was refurbished to accommodate passengers in 54 outside cabins and suites, all with en suite facilities. Cabins are spacious and comfortable. Public areas include a lounge, two dining rooms, digitally equipped lecture room, a small heated indoor pool and gymnasium, library, and sauna. Views are excellent from the bridge and large open decks. In addition to its fleet of Zodiacs, the *Khlebnikov* uses two helicopters for ice reconnaissance and passenger excursions.

SHIP SPECIFICATIONS

Staff & Crew **70**

Guests **110**

Length **435 feet, 122.5 meters**

Breadth **87 feet, 26.5 meters**

Draft **28 feet, 8.5 meters**

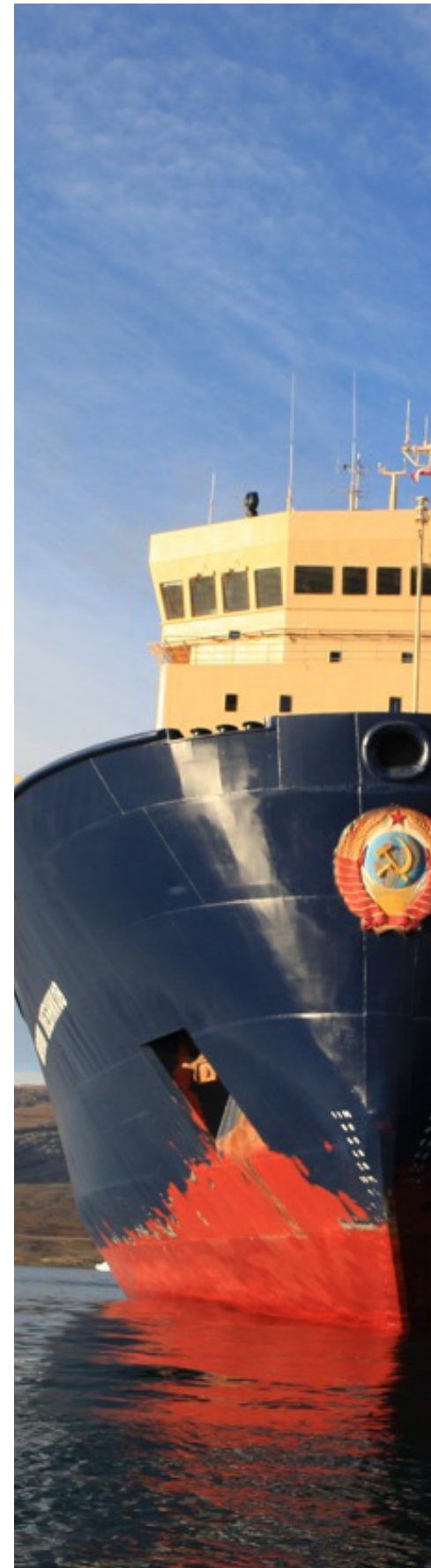
Propulsion **Diesel-Electric Engines, 24,000 horsepower**

Ice Class **LL3**

Cruising speed **15 knots in open water**

Registered **Vladivostok**

Lifeboats **4 fully enclosed**



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Cabin Information

Cabins and suites are outfitted with the essential amenities you'll need to feel comfortable throughout your voyage. If you need extra items such as extra pillows or towels, please contact the Hotel Office or your cabin attendant.

CABIN CONFIGURATIONS

TRIPLE: Averaging 138 sq. ft. (12.5 sq. m), a Triple Cabin is equipped with three twin beds (two lower berths and one upper berth). Located on Decks 5, 6, 7, and 8, it has exterior views and private facilities.

TWIN: Averaging 138 sq. ft. (12.5 sq. m), a Twin Cabin is equipped with two twin beds. Located on Decks 5, 6, 7, and 8, it has exterior views and private facilities.

SUITE: Averaging 346 sq. ft. (32 sq. m), a Suite is equipped with one double bed and one sofa bed. Located on Decks 6, 7, and 8, it has exterior views and private facilities. A refrigerator, TV, and DVD player are included in each suite.

CORNER SUITE: Averaging 323 sq. ft. (30 sq. m), a Corner Suite is equipped with one double bed and one sofa bed. Located on Deck 6, it has exterior views and private facilities. A refrigerator, TV, and DVD player are included in each suite.





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Cabin Information

SHOWERS AND TOILETS

Each cabin has a private bathroom with shower, toilet and wash basin. Shampoo and shower gel are provided for your use. The toilet system is very sensitive and can only handle toilet paper. Please do not deposit any tissues, paper towels, feminine products, etc. in the toilet.

ELECTRIC CURRENT

The electrical supply on board is 220v/50Hz. Passengers coming from the USA and Canada may need to bring a small 220v/110v converter. Before you buy a converter, check your electronics as most modern cameras, computers and devices are already compatible to use 220/110 volts.

The electrical outlets found in your cabin and around the ship accept standard European two round pin plugs, so you may need to bring your own travel adapter.

Please be aware that the electricity supply may not be sufficient to power your electronic devices at all times. It is recommended that you check the voltage of your device before plugging it in, as the device may be damaged if the incoming voltage is higher than that for which it is manufactured. Please see www.quarkexpeditions.com/en/terms-and-conditions for more information.

HAIRDRYERS AND BATHROBES

There is a hair dryer included in each cabin. The bathrobes in your cabins are on loan for you to enjoy for the duration of your expedition.

VALUABLES

We recommend you travel with as few valuables as possible. If you require safekeeping of valuables, please give them to the Hotel Manager for storage in the ship's safe.

CABIN TEMPERATURE - CLIMATE CONTROL

You may control your cabin temperature by adjusting the vent. If you are sharing a cabin with other travelers, please be considerate of their temperature preferences as well.

SHARED CABIN COURTESY

Many travelers elect to share a cabin with passengers they may not have previously met. All passengers have their own schedules and preferences. Please be courteous towards the needs of your fellow cabin mates.

HOUSEKEEPING SERVICE

Your cabin will be cleaned on a daily basis. Your towels will be changed along with your bed sheets every few days, subject to the length of the voyage and in accordance with Quark Expeditions® sustainability practices. If you would like your towels changed more frequently, please inform your cabin attendant. Leaving a towel on the rack indicates you will be using it again, while putting a towel on the floor or in the shower or sink means you would like it to be washed.

LAUNDRY

A complete list of laundry fees will be provided on board. Request forms and bags are provided in your cabin. Laundry is collected each morning; please allow 48 hours for your laundry to be returned. Ironing services are also available at a minimal charge. We encourage you to take advantage of the laundry services, as it will mean you can pack fewer articles of clothing. If you prefer to hand wash small items in your cabin, please remember to bring environmentally friendly detergent.

SPRINKLER SYSTEM

The sprinkler heads located throughout the ship, and in your room, are very sensitive. They can be activated by even the slightest touch. Please do not hang any items from the sprinkler heads, or smoke anywhere on the ship outside the designated smoking area. Guests activating the sprinkler system may be responsible for damages that occur.

LIFE VESTS

Each cabin is equipped with orange SOLAS life jackets. These life jackets are to be used in case of a ship emergency and during emergency lifeboat drills.

CABIN CALLS & EMERGENCIES

To call another cabin, dial the room number. In case of emergency, please alert the Bridge or any Crew or Expedition member immediately. The Bridge may be contacted from your cabin phone.







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On Board Procedures

WATER

It's important to keep hydrated throughout your voyage. The Expedition Team will brief you on the location of filling stations on the ship.

ONBOARD ACCOUNTS

To make things as stress-free as possible, items you purchase from the Polar Boutique, lounge or bar (including drinks) are charged to your ship account. Cabin charges can also include laundry, postage, communication charges and adventure options booked onboard (space permitting). Payments of shipboard accounts are made towards the end of the expedition, at the reception area. The US dollar is the standard currency onboard. You can use cash, Visa, MasterCard or American Express credit cards to pay your shipboard account. Personal checks are not accepted.

Note: If you are sharing a cabin and would like separate accounts, you must advise the hotel manager.

GRATUITIES

Gratuities are included on your behalf for our hotel and expedition team members.

ANNOUNCEMENTS

Announcements in English over the ship's public address system will alert you to wildlife sightings, itinerary changes, and landing instructions for going ashore. Announcements can be heard in cabins and all public spaces.

On some voyages, where non-English-speaking groups travel with us, announcements will be repeated in other languages. Out of courtesy to other travelers, we ask that you remain quiet during all announcements - even those made in languages that are not your own.

BRIDGE VISITS

During your voyage you may be given access to the Bridge, where you can observe how the Captain and officers sail and navigate the ship. However, the Captain and Bridge officers do restrict access during arrivals and departures from port and during times of complicated navigation. As the Bridge is an important working area on the ship, we ask that you keep noise to a minimum to avoid distracting the officers from conducting their jobs efficiently. Understandably, Bridge etiquette includes a 'no eating, drinking or smoking' policy.

ENVIRONMENTAL POLICY

Help us take care of our environment! To keep our land and waters clean, kindly use all trash receptacles on board. Never throw anything over the side of the ship. Due to the complicated process of desalinating sea water for use on board, guests are asked to practice water conservation at all times.

BATTERY DISPOSAL

Please do not throw old batteries in your cabin garbage. Kindly bring them to the Hotel Office for proper disposal.

LOST & FOUND

If you find any misplaced items, please bring them to the Hotel Office or give them to a member of the Expedition Team. If you lose anything yourself, advise our staff so that they can assist you.

SMOKING

To protect the health and safety of its guests, Quark Expeditions® maintains a no smoking policy in the cabins, near Zodiacs and on landings. Smoking on the ship is permitted in the designated smoking area only, which your Expedition Team members will be happy to point out for you. Always make sure to extinguish cigarettes properly and dispose of them in the proper receptacle. Please, never throw cigarettes overboard.

DOCTOR

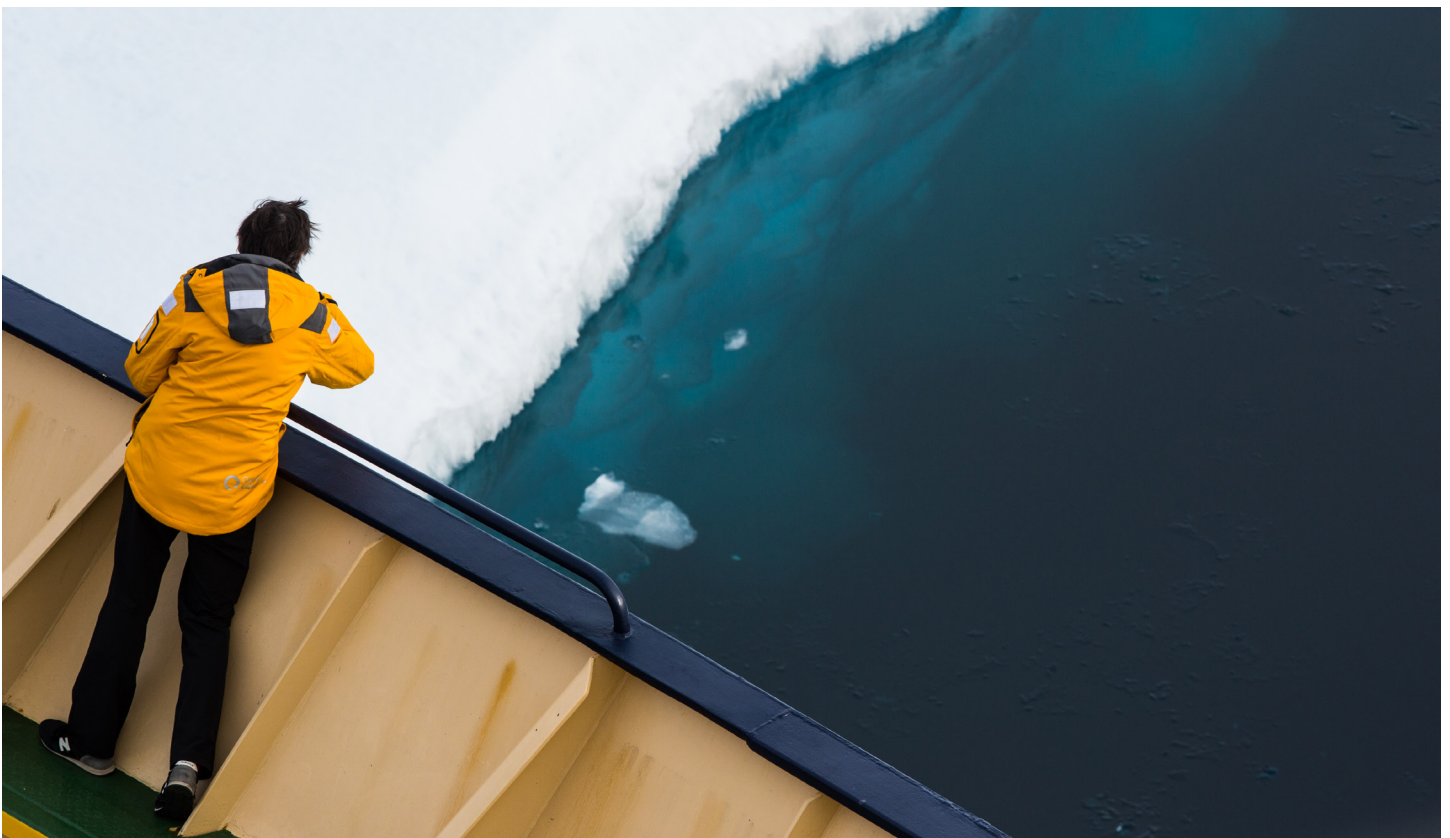
Quark provides an English-speaking doctor onboard who manages a medical clinic stocked with a supply of common prescription medicines and basic first aid equipment. If you are under regular treatment for any ailment, you must bring a sufficient supply of medicine for yourself. We cannot accept responsibility for not having a specific brand or type of drug on board. Should you fall ill, the doctor will refer to the medical forms that you completed and returned to us; therefore it is vital that the information you provide is complete and accurate.

STAYING IN TOUCH WHILE ON BOARD

When you are not busy exploring the natural beauty of the Polar Regions, you may have the ability to make iridium phone calls from the radio room while aboard. You may also be able to use the shared ship-board email account.

Current prices and hours for these optional services will be posted onboard the ship.

Please note that we travel to some of the most remote parts of the world. As we utilize satellite equipment for our connection, it is possible that occasional degradation or outages of services may occur. Personal communication services are not always guaranteed throughout your voyage. We encourage passengers to disconnect from digital life and reconnect with the natural world.



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Public Spaces

POLAR BOUTIQUE

If you forgot any essentials or need a little souvenir from your voyage, the Polar Boutique on Deck 5 is our onboard gift shop. Opening hours will vary based on the daily expedition activities.

Gifts and souvenirs are great to bring home as mementos of your polar expedition. In addition to small souvenirs, our Polar Boutique offers a selection of expedition gear, including base layer clothing, waterproof pants, gloves and more.

LIBRARY

On Deck 5, you will find a small library of polar books, reference materials and general reading material. Whatever your personal interests are, we're sure you'll find something worth reading. The collection includes books in multiple languages covering subjects like wildlife, history, marine biology, ecology and geology. A selection of field guides, picture books and reference books is also at your disposal.

LOUNGE AREAS

On Deck 5, the Lounge offers a comfortable space to take a break, look over your photos and engage with your fellow passengers. It is flanked by the Library and the Bar.

LECTURES

The Auditorium on Deck 7 is large enough to accommodate everyone on board and it serves as our main lecture hall where presentations and movies are provided for your education and enjoyment.

CREW AREAS

Please respect the privacy of the designated crew areas. This area is not accessible to passengers.

GYM

Located on Deck 3, gym hours are posted at the door, with facilities available on a first come, first served basis. Please refrain from bringing glass bottles into the gym. We kindly ask that you take care using these facilities and when you leave, please ensure the equipment is as clean and tidy as when you arrived.

POOL AND SAUNA

Deck 3 also features a small heated indoor plunge pool, with a sauna next door. Please note, there is no lifeguard on duty, and the pool will be filled at the discretion of the Captain.

OBSERVATION DECKS

Decks 4, 7 and 8 are generally open for viewing wildlife and enjoying the open ocean. Our outer decks provide a good deal of open space and are accessible at any time (unless weather/sea conditions deem it unsafe).

HOTEL OFFICE

A crew member is available in the Hotel Office to assist you or answer any questions during posted hours. You can settle your accounts here at the end of the voyage.

MEDICAL CLINIC

The Clinic is located on Deck 4. In case of emergency, the doctor is available 24 hours a day, and can be contacted through reception or any member of the Expedition Team.

ELEVATOR

The onboard elevator system is available for travel between decks. However, for your safety this elevator will be shut down during any periods of inclement weather.



Dining Onboard

DINING ROOM

There are two dining rooms located on Deck 4, with an additional dining area in the lounge on Deck 5. If there is one constant at sea, it is that you'll enjoy delicious meals on a daily basis. While meal times may change due to landings and wildlife encounters, you'll always be served three meals a day. Hours of operation will be posted around the ship, and are subject to change based on the activities planned for each day.

BREAKFAST, LUNCH & DINNER SERVICE

There is one seating for all passengers at breakfast, lunch and dinner. The dining room has an open seating policy.

SNACKS AND COCKTAIL HOUR

Assortments of fresh-baked cookies and/or pastries are offered each afternoon. There is also a selection of hot and cold snacks available in the lounge during cocktail hour, expedition activities permitting.

DIETARY REQUIREMENTS & ALLERGIES

If you do not eat meat there is a wide selection of vegetables, pasta, grains and fruit available. Quark Expeditions® is able to cater to most special dietary requests, as long as you clearly indicated your needs on the required expedition forms when you booked your voyage. Menus will be clearly labeled for vegetarian and gluten free options, but please do notify your server of the dietary restrictions you indicated on your form. We regret that kosher food cannot be prepared.

FOOD PREPARATION

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs. Working in a small kitchen, our chefs are able to monitor and control the quality of food being served, ensuring you receive top quality meals during the course of your expedition.

SPECIAL EVENTS

You can arrange something special for an anniversary, birthday or other event by talking to the Hotel Manager ahead of time.

DRESS CODE

The dress code on the ship is casual, though some may choose to dress up a little for the Captain's Welcome Reception.

BAR & WINE SERVICE

The well-stocked bar on the ship is open to enjoy with your fellow shipmates in the late morning, afternoon and evening. Soft drinks, juices and water are available at no cost, and beer and wine are offered with dinner. A selection of liquors, spirits, and premium beer, wine and champagne is available and can be charged to your shipboard account.

Please note that it is Quark Expeditions®' policy to not serve alcoholic beverages to persons under the age of 18 years.

PERSONAL ALCOHOL POLICY

Consuming personal alcohol is prohibited anywhere on the ship.



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Life At Sea

What is life like on an expedition? During days at sea, you'll enjoy lectures and workshops presented by our Expedition Team and spend time on deck looking for seabirds and cetaceans. Other days are packed full with landings, scenic helicopter flights. Exhausting or relaxing, smiles abound as do great meals from your onboard chefs!

We have a number of policies and procedures that help make sure things run smoothly on the *Kapitan Khlebnikov*, so take a look below to help get the most out of your time aboard.

SCHEDULE CHANGES

While the daily program is posted around the ship, sometimes new opportunities present themselves on short notice—so expect the unexpected, and enjoy knowing that staff members are always here to make sure your expedition is as memorable and enjoyable as possible!

SAFETY ONBOARD AND ASHORE

Your safety and security is a top priority for our Expedition Team and crew members. Knowing how to safely move about your ship, act ashore and handle both wet and dry landings will help ensure you have a hassle-free expedition. Please take time to read the instructions in this important safety section.

SAFETY WHILE ON DECK

Be careful while walking around the outer decks, as footing can be slippery. Always use the handrails and wear proper closed-toe, nonslip footwear. Slip-on sandals, slippers or flip flops are neither safe nor suitable for wearing on board.

STAIRS & DOORS

There are high steps in many doorways that lead to the outer decks, please watch your step and proceed with caution. When passing through doorways or walking in your room, do not place your hands around the edges of doors. Be aware that if doors are not closed or latched open properly, they present a danger and can open or close violently and unexpectedly as the ship moves across the sea.

SAFETY BRIEFING & LIFE BOAT DRILL

By international maritime law, you must participate in an emergency drill within 24 hours of sailing. Upon embarkation, you will have a safety briefing to outline appropriate behavior on board, and emergency procedures. Afterward, a drill will be conducted to familiarize you with your lifeboat, life vest and emergency evacuation route. This mandatory drill will be scheduled as soon as possible by the Expedition Leader. You will be provided with full details after you embark.

CONDUCT ASHORE

- For safety reasons, never walk alone while ashore. Always travel with someone else, or as part of a group.
- If weather conditions deteriorate the Captain will sound the return to ship signal, using the ship's horn. If you hear this, immediately return to the landing area or follow instructions from staff members.
- Do not litter. Take only photos and leave only footprints.
- Be punctual, as on time boarding and efficient landings mean we'll have more time to explore at future landings.



Helicopter Safety

The *Kapitan Khlebnikov* provides an expedition adventure above that of many other ships - by taking you on helicopter excursions. Helicopters allow us to take you on aerial sightseeing adventures, to bays that are inaccessible to shore landings, as well as glaciers high atop mountains! They also allow us to scout ahead and check ice conditions.

Weather conditions permitting, you will find that we make good use of the helicopter operations. As your safety is our first concern a mandatory briefing will be held before the first helicopter excursion. You will be required to sign an attendance sheet at the briefing to be cleared for your first flight. Please note that the decision to fly is ultimately up to the Captain and the Pilot.

You will be assigned to a small group and we'll cycle through the groups with each new helicopter excursion, to ensure everyone has a fair number of flights. Be aware that you may not fly every day as weather factors and time constraints can shorten the time available for helicopter flights on any given day.

DRESS APPROPRIATELY FOR SAFETY

It is possible that weather could keep you ashore or on the ice for a period of hours until conditions improve for your helicopter to return. Should you be grounded for a long duration, the Expedition Team will prepare a base camp with a large tent for shelter and emergency supplies. Be sure to always dress warmly in layers, including your Quark Expeditions® parka as your outer layer which is weatherproof in case this eventuality occurs. Your Expedition Team will advise whether to bring along extra clothes and water in a small water proof backpack on each of your helicopter rides.

ADVENTURE TAKES TIME

Be aware that even in the best conditions, it may take six hours for 100 people to make a 20-minute helicopter flight inland. For efficient operations, weather, or refueling and maintenance, the helicopter may not be available for you to return immediately.

PROCEDURES FOR BOARDING A HELICOPTER:

- Dress warmly for all excursions.
- Follow instructions from the Expedition Team on life jacket procedures during helicopter excursions.
- Watch your footing on deck, walk slowly and deliberately.
- Stay clear of the helicopter deck.
- Remain at the muster area well away from the helicopter deck until instructed to move.
- When in a hurry, slow down - the noise of the helicopter can be unsettling.
- Report to the portside (left) muster area - only when your group is called.
- An Expedition Team member will always escort you to the helicopter doors.
- Always approach and leave the helicopter from the front.
- Never approach and leave the helicopter unsupervised.
- Beware of the down-draft.
- Ensure that your belongings are properly secured.
- Carry long items, such as tripods or walking sticks, below your waistline.

